


折叠后尺寸: 70\*95mm\*6

展开尺寸: 210\*190mm

材质相关要求: 105克铜版纸, 彩色印刷, 风琴折3折, 中文的有警告标识的要是正面



如果对产品有任何疑问请联系信达公司  
联系方式: 400-8856993  
浙江省金华市东阳市白云街道望江社区新湖路19号

# HELMET Manual

安全帽使用说明书

## 警告 WARNING:

- 涉及此设备的活动具有潜在的危险性, 可能会造成严重受伤甚至死亡, 你必须对自己的行为和决定负责。
- 使用此产品前必须阅读并理解说明书内容。
- 使用此设备前需要经过相应的培训, 了解和掌握基本的高空作业原理和设备操作方法。
- 使用设备时不能超过其使用极限, 也不能用于产品设计用途之外的环境。

### 组成部件名称-安全帽

1) 部件名称  
A. ABS壳 B. 通风孔 C. 灯扣 D. 调节器 E. 织带 F. 分带扣

2) 用途  
头盔设计用于保护头部, 防护意外坠落物和再下降过程中撞到障碍物。在运动过程中如果存在落石, 冰块或其他物体, 请始终佩戴好您的头盔。请寻找安全的位置, 避免在其他同伴下方攀登。请注意天气、温度和风力, 这些因素可能使反生岩石、冰块或其他物体坠落的风险升高。

Helmet Manual 01

### 佩戴方式

### ※产品基础参数及应用范围

产品编号	XD-Q9669
执行标准	EN12492:2000+A1:2002
主要材料	ABS709S, EPP
尺寸	53-61cm
重量	390g

Helmet Manual 02

通过ISO9001质量管理体系认证

- 衬垫  
衬垫具有微量吸震效果及吸汗功能, 使穿戴时更舒适。
- 调整旋钮  
因为每个人的头型都不一样, 自由调整旋钮可调整或调松, 使安全帽更符合我们的头型, 并紧托住头部, 防止安全帽脱落。(图1)
- 扣带及帽带  
扣带及帽带应调整及固定于适当的位置, 帽带固定于两侧耳朵下方, 扣带来固定, 扣上后喉部要留1-2指空间。(图2)
- 帽壳  
若发生意外碰撞时, 帽壳是保护头部的第一道防线, 用以分散冲击力。劣质安全帽或碰撞过的安全帽, 帽壳可能会有凸起或凹陷、裂痕。
- 气孔  
气孔是为了帮助头部散热和通风, 气孔愈多, 愈大, 制造技术愈困难, 价格也愈高, 但是相当于减少了头部的包覆范围, 若无特殊需求, 选择有适量气孔的安全帽即可。

### 维护与保养

- 请不要修改头盔的原装配件和结构;
- 请不要在头盔上钉任何东西;
- 请不要在头盔上涂任何化学溶剂;
- 请不要加热或是在太阳下较长时间的暴晒;
- 只能用温液体皂、清水, 不能用磨砂的布来清洗头盔外壳、衬垫;

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- 不要头盔放在高温地方, 比如卡车内, 因为高温会对头盔外壳造成损坏;
- 在使用前必须先检查。头盔很容易看到损坏的地方, 使用时容易检查。如有检查到任何损坏, 请不要再使用;
- 头盔只能起到一次性保护作用, 头盔在发生猛烈撞击后, 不管表面有没有破裂, 都必须更换, 因为有些损坏是不能用肉眼看到的, 以至于不能再到保护作用。

### 警告

- 1.此款头盔专门为登山者和攀岩者使用, 请勿在骑摩托车、自行车或轮滑上使用;
- 2.任何头盔都不能完全避免头部受伤, 即使发生意外时的速度很慢, 也有可能造成严重受伤或是死亡;
- 3.此头盔的设计仅限于保护头部, 不能保护颈椎或是身体的其他部位;
- 4.根据头盔使用说明正确使用头盔, 扣牢扣带时, 头盔才能发挥最大的保护作用;
- 5.此头盔设计用于承受局部破坏和损伤, 如若跌落, 即使损伤不可见也要马上处理或更换头盔;
- 6.此头盔只能起到一次性保护作用, 在事故后, 头盔的保护功能已经破坏, 所以不要再使用此头盔, 必须更换;
- 7.运动时最安全的不仅仅是佩戴头盔, 而是使用者在运动时要有对自身的安全判断, 规范操作, 尽量避免各种意外。

Helmet Manual 04

正面



If you have any doubts or difficulties in understanding this manual, please contact XINDA.  
Phone number: +86 400-8856993  
No.19 Xinchao Road, Wangjiang Community, Baiyun Street, Dongyang City, Jinhua City, Zhejiang Province, China

# HELMET Manual

## 警告 WARNING:

- Activities involving the use of this equipment are inherently dangerous and can lead to severe injury or even death. You must be responsible for your actions and decisions.
- Read and understand the instructions before use.
- Before using this product, it is essential to have got adequate training, understood and mastered the basics and techniques.
- This product must not be used beyond its limits, nor be used for any purpose other than for which it is designed.

ISO9001 Standards Approved

### Nomenclature

A. ABS shell B. Vent holes C. Headlamp clips D. Adjuster E. Straps F. Chinstrap fastening and adjustment buckle.

### Field of application

Helmet is personal protective equipment(PPE)for the head, used for protection against falling objects. You must wear your helmet properly if there are falling rocks, ice chunks or other objects during climbing. Find a safe spot and do not climb under other climbers. Pay close attention to the weather, temperature and wind because those factors may very possibly cause the relapsed rocks, ice chunks or other objects to fall.

Helmet Manual 01

### How to use

### ※ Product specifications

Product number	XD-Q9669
Standards	EN12492:2000+A1:2002
Main material	ABS709S, EPP
Size	53-61cm
Weight	390g

Helmet Manual 02

- Foam  
The foam can absorb some shock and be sweat absorbent.
- Adjustment knob  
This knob allows to adjust the helmet to fit the head properly. It also provides support so the helmet won't go loose. See fig.1.
- Chinstrap and head strap  
Straps should be appropriately positioned. The head strap ought to be under the ears and the chinstrap is used for fastening. There needs to be 1 finger or 2-wide space left between the chinstrap and throat. See fig.2.
- Shell  
The shell is the first in line to protect the head from a fall and achieves shock absorption through deformation. Poor quality or crashed helmets may have been bumped, sunken or cracked.
- Air holes  
Air holes are for heat dissipation and ventilation. The more and bigger the air holes are, the harder it will be to manufacture. Moreover, the price will go up accordingly too. More air holes also mean that the head coverage will be reduced. In summary, the appropriate amount of air holes will just be fine if not for a special purpose.

### Maintenance and care

- Do not modify the original parts or structure;
- Do not hammer nails into it;
- Do not paint chemicals on it;
- Do not heat it or put it in direct sunlight for long time;

Helmet Manual 03

### Inspection, points to verify

- 1.This helmet is only for climbers and do not wear it for riding or skating.
- 2.No helmet can prevent the head from injuries 100%. Even a very slow impact can result in severe injury or death.
- 3.This helmet is only protective of the head so no other body parts can be protected by it.
- 4.Wear your helmet properly and make sure to fasten it otherwise it won't be able to protect you at best.
- 5.This helmet is only protective against partial impact and injury. You must replace your helmet after a fall even if you can't see any signs of damage.
- 6.This helmet will no longer be usable after an accident.
- 7.You must wear your helmet during the activity. You also need to judge the situation well and operate appropriately.

Helmet Manual 04

70mm

反面

190mm