



HARNES

Manual

H-A9553

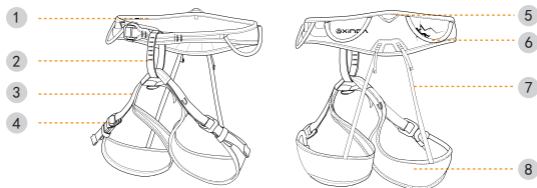


WARNING:

- Activities involving the use of this equipment are inherently dangerous and can lead to severe injury or even death. You must be responsible for your actions and decisions.
- Read and understand the instructions before use.
- Before using this product, it is essential to have got adequate training, understood and mastered the basics and techniques.
- This product must not be used beyond its limits, nor be used for any purpose other than for which it is designed.

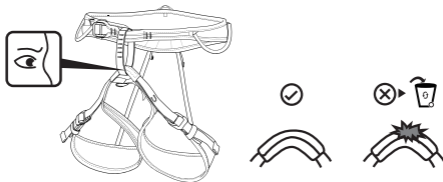


Nomenclature



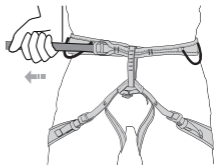
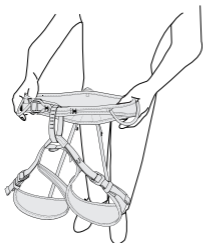
- 1. Waist belt
- 2. Tie-in point
- 3. Leg webbing
- 4. Adjustment buckles
- 5. Chest harness link ring
- 6. Gear loop
- 7. Leg loop adjustment webbing
- 8. Leg loops

Inspection, points to verify

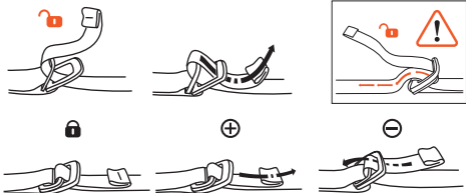


(fig. 1)

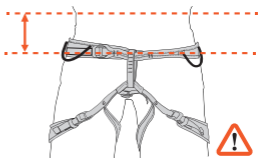
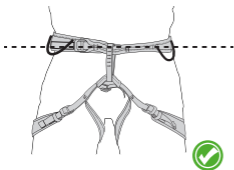
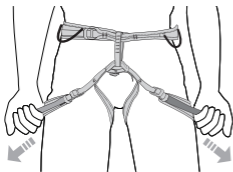
Harness donning and setup



(fig. 2)

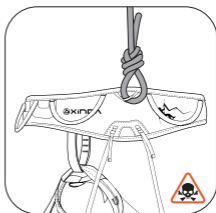
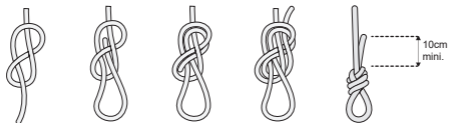


(fig. 3)

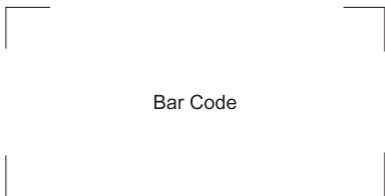


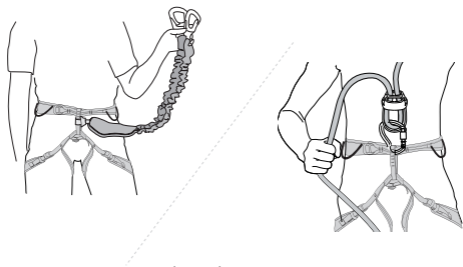
(fig. 4)

Tying in



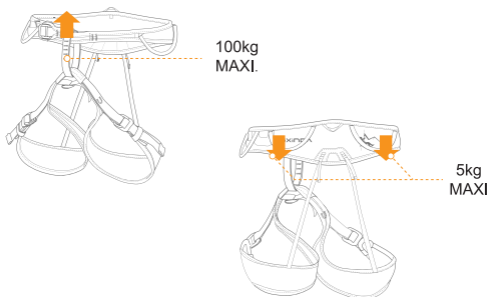
(fig. 5)





(fig. 6)


Load



(fig. 7)

Size



	S	M	L	XL
	297g	311g	337g	355g
A	68-88cm	73-93cm	85-105cm	92-112cm
B	55-67cm	58-70cm	61-73cm	64-76cm



These instructions explain how to correctly use your equipment. Only certain techniques and uses are described.

The warning symbols inform you of some potential dangers related to the use of your equipment, but it is impossible to describe them all. Check Xinda.com for updates and additional information.

You are responsible for heeding each warning and using your equipment correctly. Any misuse of this equipment will create additional dangers. Contact Xinda if you have any doubts or difficulty understanding these instructions.

1. Field of application

Personal protective equipment (PPE). Climbing and mountaineering seat harness. This product must not be pushed beyond its limits, nor be used for any purpose other than that for which it is designed.

Responsibility

WARNING

Activities involving the use of this equipment are inherently dangerous. You are responsible for your own actions, decisions and safety.

Before using this equipment, you must:

- Read and understand all Instructions for Use.
- Get specific training in its proper use.
- Become acquainted with its capabilities and limitations.
- Understand and accept the risks involved.

Failure to heed any of these warnings may result in severe injury or death. This product must only be used by competent and responsible persons, or those placed under the direct and visual of a competent and responsible person. You are responsible for your actions, your decisions and your safety and you assume the consequences of same. If you are not able, or not in a position to assume this responsibility, or if you do not fully understand the Instructions for Use, do not use this equipment. It is up to the user to foresee situations requiring rescue in case of difficulties encountered while using this product.

2. Nomenclature

1. Tie-in point, 2. Waist belt, 3. Leg webbing, 4. Adjustment buckles, 5. Leg loops, 6. Chest harness link ring, 7. Gear loop, 8. Leg loop adjustment webbing

3. Inspection, points to verify

Xinda recommends a detailed inspection at least once every 12 months. Follow the procedures described at www.xinda.com/ppe. Record the results on your PPE inspection form.

Before each use

Check the webbing at the tie-in points, the belay loop, the adjustment buckles and the safety stitching.

Check the wear on the lower bridge of your harness: if grey fabric is visible on the lower bridge, retire your harness.

Look for cuts, wear, swelling and damage due to use, to heat, and to contact with chemicals... Be particularly careful to check for cut threads.

Verify that the adjustment buckles operate properly.

During each use

Regularly verify that the adjustment buckles are securely tightened. It is important to regularly monitor the condition of the product and its connections to the other equipment in the system. Mark sure that all pieces of equipment in the system are correctly positioned with respect to each other.

4. Compatibility

Verify that this product is compatible with the other elements of the system in your application. (compatible = good functional interaction).

5. Harness donning and setup

Untangle your harness before putting it on.

Tighten the waistbelt buckle and pass the excess webbing through the elastic keepers.

The belay loop must be centered.

Tighten the leg loop buckles and pass the excess webbing through the elastic keepers to help prevent accidental loosening of the buckles.

Wet and icy harness straps are more difficult to adjust.

Adjustment and suspension test

This harness must be adjusted to fit snugly to reduce the risk of injury in case of a fall. In a safe environment, move around and hang in the harness from the tie-in points to verify that the harness is comfortable and properly adjusted.

6. Tying in

a. Tie into the two tie-in points. Systematically check your knot before starting to climb.

b. Two locking carabiners can be used to tie in

Specific use

if the seat harness is used in combination with a chest harness, refer to the tie-in diagram.

8. Additional information

When to retire your equipment:

WARNING: an exceptional event can lead you to retire a product after only one use, depending on the type and intensity of usage and the environment of usage (harsh environments, marine environment, sharp edges, extreme temperatures, chemicals...).

A product must be retired when:

- It is over 10 years old and made of plastic or textiles.
- It has been subjected to a major fall (or load).
- It fails to pass inspection. You have any doubt as to its reliability.
- You do not know its full usage history.
- When it becomes obsolete due to changes in legislation, standards, technique or incompatibility with other equipment...

3-year guarantee

Against any material or manufacturing defect.

Exclusions: normal wear and tear, oxidation modifications or alterations, incorrect storage, poor maintenance, negligence, uses for which this product is not designed.